Terms of Reference, August 2023, V2

Research Ethics Committee
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1. DEFINITIONS AND ACRONYMS

Board means, the Board of Directors of The South African Medical Association NPC
Company means, The South African Medical Association NPC
Committee means, the Research Ethics Committee
Officer Bearer means, any individual who holds a position on a The South African Medical Association NPC structure, i.e. Board, Committee, Branch etc. and who is not a SAMA staff member.
SAMA means, The South African Medical Association NPC
SAMAREC means, the South African Medical Association Research Ethics Committee

Words importing the singular will include the plural, words importing the masculine, feminine or neuter will include the others of such genders, and words importing persons will include bodies corporate, and vice versa in each instance.

2. NAME OF COMMITTEE

RESEARCH ETHICS COMMITTEE (SAMAREC)

3. PURPOSE

3.1 To evaluate the ethics of research protocols developed for clinical trials to be conducted in the Private Healthcare Sector, in terms of national and international regulatory requirements, that requires all health research involving human participants must undergo an independent ethics review.

3.2 To provide an objective appraisal of the research proposal as it affects the prospective participants and the general day to day functioning of the health system.
4. AUTHORITY

4.1 The Committee functions within the legislative framework of the National Health Act, 61 of 2003, as amended, (NHA) and as such is registered with the Department of Health (DOH) National Health Research Ethics Council (NHREC).

4.2 While the Committee is a structure of the Company, it operates independently without any interference from the Board, and with no external pressure to the members regarding any decisions reached as the Committee has the authority and legal accountability for the evaluation and approval of ethically acceptable research proposals.

4.3 In the execution of its responsibilities in evaluating the ethics of research protocols, the Committee is guided by the relevant South African law, research and ethics guidelines, professional standards, international standards and guidelines and codes of practice.

4.4 The Committee follows the standards adopted by the latest version of the Food and Drug Administration (FDA) and The International Council for Harmonization of Technical Requirements for Pharmaceuticals for Human Use (ICH) Guidelines for Good Clinical Practice; and conforms to the guidelines laid down by the World Medical Association, in particular, the Declaration of Helsinki (updated Oct 2013), the Belmont Report, the National Department of Health (2015), the South African Health Products Regulatory Authority (SAHPRA) and other relevant statutory bodies involved in the healthcare sector.

5. OBJECTIVES

5.1 The primary role of the Committee is to protect the interests (rights and welfare) of the research participants who volunteer to take part in scientifically sound research.

5.2 The Committee will provide assurance to the public of participants’ protection, *inter alia*, by reviewing, approving, and providing comment on clinical trial protocols, the suitability of investigator(s), facilities, methods, and procedures used to obtain informed consent.

5.3 The Committee reviews health research involving human participants, prior to initiation of such research and focuses on the ethical implications relating to the clinical research.

5.4 The Committee will advise and/or make suggestions to study doctors and applicants, when requested.

5.5 The Committee should consider the following issues when reviewing a proposal for a clinical study:

5.5.1 the scientific relevance of the clinical study;

5.5.2 the suitability of the investigator(s) for the proposed study in terms of his/her availability, qualifications, experience, supporting staff, and available facilities;

5.5.3 the relevance of the study rationale and the appropriateness of the inclusion / exclusion criteria to the South African context;

5.5.4 the suitability of the study application in relation to the objectives of the study; i.e. the potential for reaching sound conclusions with the smallest possible exposure to risk of participants, and the justification of predictable risks and inconveniences weighed against the anticipated benefits for the participants and/or others;

5.5.5 the suitability of the study population, whether they constitute a vulnerable group, if so whether justified and whether sufficient measures to protect their interest are in place;
5.5.6. that the number of participants to be recruited is adequate to demonstrate the predicted effect;

5.5.7. the risk-benefit analysis takes full cognisance of benefits and harms beyond the life of the study itself, particularly in relation to chronic life-threatening conditions;

5.5.8. if placebos are to be used, whether their use can be justified;

5.5.9. that by their participation in a clinical study the participants are not denied timely access to medical personnel, investigations, equipment or procedures;

5.5.10. the means by which initial recruitment is to be conducted and by which full information is to be given and how informed consent is to be obtained;

5.5.11. the adequacy and completeness of the written information to be given to the participants, their relatives, guardians and, if necessary, legal representatives. All written information for the participant and/or legal representative must be submitted in its final form;

5.5.12. that the application allows the participants and/or their representatives adequate time to consider the patient information document before informed consent is sought;

5.5.13. the content of any advertisements or public notices which will be used to recruit participants to a study;

5.5.14. the study protects participants’ rights to privacy and confidentiality;

5.5.15. the provision of compensation/treatment in the case of injury or death of a participant if attributable to a clinical study, and the insurance or indemnity to cover the liability of the investigator and sponsor;

5.5.16. the extent to which investigator(s) and participants are to be compensated for participation in the study;

5.5.17. making specific recommendations regarding the continuation of treatments beyond the duration of the study, or mechanisms to ensure that participants’ access to treatment are fairly protected and not unduly compromised;

5.5.18. the demographic information available to assess whether the patient population is adequate to support the study;

5.5.19. whether there is no cost to the participant, medical schemes or insurance for trial specific procedures;

5.5.20. whether the product will be made available to participants after the trial ends, and if so whether there is any cost to the participant to continue treatment post-trial;

5.5.21. whether any restrictions will be placed on the publication of results by the investigators after completion of the trial;

5.5.22. the adequacy of the statistical methods proposed to evaluate the data generated; and whether the study is advancing knowledge in the research field.

6. MEMBERSHIP

6.1 Composition

6.1.1 The Committee will consist of at least nine (9) and a maximum of fifteen (15) members who are appointed by the Board, per the procedure set out from time to time, for Board Committees.

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6.1.2 The Committee may co-opt and appoint additional members. This decision may be left to the SAMAREC Committee in order to avoid conflict of interest.

6.1.3 Co-opted members will be regarded as full members. For avoidance of doubt, the co-opted members will be entitled to voting rights, benefits and accruing full responsibilities as an appointed member of the Committee.

6.1.4 The Committee should consists of:

- at least one layperson;
- at least one member with knowledge of, and current experience in, the professional care, counselling or health-related treatment of people. Such a member might be e.g. a medical practitioner, psychologist, social worker or nurse;
- at least one member with professional training and experience in qualitative research methodologies. SAMAREC has had very few qualitative research protocols in the past. Therefore, having a member for this purpose, is not productive.
- members with professional training and experience in quantitative research methodologies
- a member with expertise in bio-statistics;
- a member with expertise in research ethics; and
- at least one member who is legally qualified.

6.2 Term - Committee members are appointed to serve for a term of four (4) years.

6.2.1 A member of the Committee, whether appointed per the procedures set out from time to time or co-opted, will only hold office until the end of the current term.

6.2.2 No Committee member may serve more than three (3) consecutive terms in office.

6.2.3 A Committee member who has exceeded the aggregate term to act as a Committee member may again become eligible for appointment to the Committee after not having served on the Committee for one (1) term.

6.3 Rotation of Committee members

6.3.1 Where possible one third (1/3) of the Committee members must stand down from office, every four (4) years. If the number of Committee members is not three or a multiple of three, the number nearest to one-third (1/3), rounded down, stands down from office.

6.3.2 Committee members who stand down as part of the rotation process may stand for re-appointment, provided they are eligible.

6.3.3 Co-opted Committee members must stand down from office, at the end of the term in which they were co-opted, and are not counted when calculating the one third (1/3) of elected Committee Members to stand down.

6.3.4 The Committee members so to stand down will be those who have been longest in office since the last appointment. In the event of two or more Committee members having been in office for the same length of time and only certain of these Committee members being required to stand down, the Committee members concerned, may either between themselves, agree or utilise the method of drawing lots.

6.4 Termination and Vacancies

6.4.1 A Committee member must vacate office if:

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6.4.1.1 the Board approves a recommendation to remove the member in line with the Company’s Office Bearers Conduct and Removal Policy, for breach of any of the conduct standards and expectations set out therein, this includes but is not limited to attendance, participation, performance, communication and conduct;

6.4.1.2 that member is found to be of unsound mind by a court of law;

6.4.1.3 that member is found guilty of materially breaching SAMA’s Code of Conduct; or

6.4.1.4 that member is no longer registered with SAMA as a member, if applicable.

6.4.2 In the event of a termination of membership or the creation of any vacancy, the position on the Committee will be filled by co-opting members (see clause 6.1). This will be done immediately once a vacancy is available. SAMAREC must commit to having potential trained new members available for when such need arises.

6.4.3 If the position of the Committee Chairperson becomes vacant, the Vice-Chairperson will be take up the position of Committee Chairperson.

6.4.4 If the position of Committee Vice-Chairperson becomes vacate, the Committee will appoint a new Vice-Chairperson from amongst the current Committee members.

7. POWERS AND DELEGATION OF POWERS

7.1 In respect of the objectives and activities of the Committee, the Committee will report to the Board, through the Education Science and Technology Committee.

7.2 The Committee may in writing instruct any SAMA staff member to perform any of the duties assigned to the Committee. When necessary.

7.3 An instruction to a SAMA staff member is subject to any limitations and conditions that the Committee may impose and does not divest the Committee of the responsibility concerning the performance of the assigned duty.

7.4 The Committee may confirm, vary or revoke any action taken by a SAMA staff member as a result of an instruction, subject to any rights that may have become vested as a consequence of the decision.

8. CULTURE AND INTERPERSONAL DYNAMICS

8.1 The Committee should be independent, multi-disciplinary, multi-sectoral and pluralistic.

8.2 Collectively, the Committee should include sufficient members with the necessary qualifications and experience, including research ethics training, to be able to review and evaluate the science, the health aspects, the ethics of the proposed research, as well as to assess the anticipated layperson’s perspective.

8.3 The Committee contains a collection of diverse minds that need to speak as one voice and therefore requires Committee members to be mindful of the diversity and differences of fellow Committee members.

8.4 Committee members will treat each other with mutual respect.
8.5 Any form of racism or sexism will not be tolerated.
8.6 Openness and equality between Committee members is essential.
8.7 Debates on critical issues should be brought to a clear and consensual conclusion.
8.8 Threats and intimidation of any kind will not be tolerated.
8.9 SAMA is not affiliated to any political party of the Republic of South Africa, and it is the intention of SAMA not to affiliate or allow undue influence from political parties. Whilst SAMA respects the views and personal participation of the Committee members in the political process, Committee members are to align with this principle whilst performing the duties and responsibilities of a Committee member.

### 9. MEETINGS

**9.1 Frequency of meetings**

- **9.1.1** The Committee will meet the second Wednesday of each month, unless any unforeseen consequences require otherwise eg, no quorum
- **9.1.2** The meeting dates for the year will be disseminated to the Committee members at the beginning of every calendar year.
- **9.1.3** Any member of the Committee, may request a meeting if deemed necessary and a meeting will then be arranged in consultation with the Committee Chairperson.

**9.2 Agendas and minutes**

- **9.2.1** The Committee administrator will, among others, draft an agenda, compile and circulate the meeting pack 10 working days prior which should consist of all applications and other supporting documents, as well as a protocol evaluation form for each application, to members before meetings.
- **9.2.2** All input must be received at least 2 days prior to the meeting. All input received from the Committee Members is collated by the SAMAREC Officer. Committee Members are to use the Standard SAMAREC Evaluator Document for all protocol evaluations. The input received is discussed at the formal meetings of the Committee.
- **9.2.3** Minutes are circulated 1-3 working days after the meeting to the Committee Members. The entire Committee is tasked with reviewing the minutes. The main evaluators for each protocol must take responsibility for correcting / approving the minutes of their allocated protocols. After final approval of the minutes has been granted by all the Committee Members, to whom the minutes are circulated electronically, extracts of the minutes are distributed to the relevant clients in the form of a formal letter.
- **9.2.4** A written response regarding decisions is usually forwarded to applicants within 10 working days after the meeting.
- **9.2.5** The official minutes will consist of those duly signed by the Committee Chairperson.

**9.3 Approvals**

- **9.3.1** Approvals of the Committee will be made by support of 50% plus 1 of the Committee members present at the Committee meeting.
- **9.3.2** In the event of an equality of votes on any matter, the Committee Chairperson will have an additional casting vote.
9.3.3 A written approval (round robin approvals) signed by 50% plus 1 of the Committee members will be as valid and effectual as if it has been passed at a duly constituted meeting of the Committee, provided that each Committee member will have been afforded seven (7) ordinary days opportunity, to express an opinion on the matter to which such approval relates.

9.3.4 Once a written approval, has been approved, it may not be challenged or impugned by any person in any forum on the grounds that it did not satisfy clauses 9.3.1, 9.3.2 and 9.3.3 above.

9.4 Quorum and postponement

9.4.1 A quorum for meetings of the Committee will be 50% plus 1 of the Committee members.

9.4.2 If the Committee Chairperson is not present within ten (10) minutes of the stipulated start time for such meeting, then the Vice-Chairperson will act as Chairperson of the meeting.

9.4.3 If neither the Committee Chairperson or Vice-Chairperson is present within ten (10) minutes of the stipulated start time for such meeting, Committee members present will elect a Chairperson from among them to act as Chairperson of the meeting.

9.4.4 If after fifteen (15) minutes of the stipulated time for such meeting to commence, quorum has not been met, the Chairperson may, without obtaining consent of those present at the meeting declare that the meeting be postponed, for one week.

9.4.5 If at the time appointed for the postponed meeting to begin, the requirements of clause 9.4.1 have not been satisfied, then the member of the Committee present will be deemed to constitute quorum.

9.5 Attendance and apologies

9.5.1 Any SAMA ExCo or staff member may be invited to attend a Committee meeting when necessary this could involve general oversight by the SAMA Board or when the relevant expertise or opinions are needed by the external party, eg, Legal advise.

9.5.2 The Committee may in consultation with the Committee Chairperson, invite any other relevant person to attend Committee meetings this could be to co-opt expertise or to invite as a potential new SAMAREC Member. All relevant conflict of interest and code of conduct documentation must be completed prior to attendance

9.5.3 Invitees will be entitled to be reimbursement for time, travel or other expenses related to their attendance of meetings, per SAMA’s approved policies.

9.5.4 Invitees are authorised to participate in any deliberations of the Committee but have no voting rights.

9.5.5 Invitees do not count for the purposes of calculating quorum of a meeting.

9.5.6 The Committee may, if deemed fit, confer, and meet by telephone, closed circuit television, electronic online conference meeting platforms or video conferencing. Decisions taken at such meeting/s will constitute a proper decision of the Committee provided that the requirements of clause 9.3 and 9.4 of this Terms of Reference have been met.

9.5.7 All Committee members have an obligation to attend all Committee meetings.

9.5.8 Committee members must communicate to the Committee Chairperson and/or relevant meeting organiser, their unavailability to attend an upcoming meeting no later than three (3) days before the meeting to give the Chairperson enough time to decide on the continuation/postponement and/or the impact of the Committee members’ unavailability on the agenda of the upcoming meeting.
9.5.9 In circumstances beyond the control of the Committee member, such as unexpected situations or emergencies, apologies may be accepted via telephone call, sms or text message forwarded to the Committee Chairperson and/or relevant meeting organiser of the meeting, up to 1 hour prior to the meeting.

9.5.10 In the event that no apology is recorded for a meeting, the Committee member will be recorded as absent.

10. REPORTING

10.1 The Committee Chairperson will report formally to the Board on the Committee’s proceedings quarterly on all matters within the Committee’s duties and responsibilities, through the Education Science and Technology Committee.

10.2 The Committee will produce a report on its activities to be included in the Company’s annual report.

10.3 The Committee Chairperson will attend the Annual General Meetings of the Company prepared to respond to any member questions on the Committee’s activities.

10.4 The Committee will produce a report on its activities annually, to be submitted to the NHREC on or before 28 February, which report must include:

10.4.1 membership and membership changes
10.4.2 the number of meetings held
10.4.3 confirmation of participation by required categories of members
10.4.4 the number of protocols presented, the number approved, and the number rejected
10.4.5 monitoring and related matters
10.4.6 complaints received and action taken.

11. ROLES AND RESPONSIBILITIES OF MEMBERS

11.1 Appointment of Committee Chairperson and Vice-Chairperson

11.1.1 The Committee Chairperson and Vice-Chairperson will be elected by the members of the SAMAREC Committee, at the first meeting of any new term. The Committee members will nominate the new Chairperson and vote accordingly.

11.1.2 If the position of Chairperson of the Committee becomes vacant for any of the reason mentioned in this clause 6.4, the Vice-Chairperson of the Committee will automatically become Chairperson of the Committee.

11.2 Role of the Committee Chairperson

11.2.1 The primary role of the Chairperson of the Committee is to provide leadership to the Committee, set the tone for its performance, and undertake the management thereof.

11.2.2 The Chairperson of the Committee ensures focus is maintained by the Committee and sets the tone for the success of the Committee.

11.2.3 To guide Committee members to participate as a cohesive and effective team.
11.2.4 The Committee Chairperson should create awareness with Committee members’ in order for a mutual understanding of roles, responsibilities and accountability, including the need to comply with the Code of Conduct.

11.3 Chairperson’s responsibilities and duties
The Committee Chairperson’s responsibilities are to:

11.3.1 Provide overall leadership to the Committee.
11.3.2 Oversee that the Committee leads ethically and effectively, and that the Committee conducts itself in a way that cultivates and exhibits the characteristics of integrity, competence, responsibility, accountability, fairness and transparency.
11.3.3 Maintain that the Committee and its decision are not influenced by any third party, including any political parties of the Republic of South Africa.
11.3.4 Oversee that conflicts of interest, including policy declarations, recusal are addressed appropriately.
11.3.5 Preserve order and quorum, voting procedures, adjournments and to declare outcomes of voting on approvals.
11.3.6 Monitor the progress of the meeting in terms of allocated time, objectives of the meeting and progress of agenda items.
11.3.7 Ensure that agenda items receive appropriate attention, and that the discussion of the agenda item remains relevant to that particular item as well as with the objectives of the meeting.
11.3.8 Ensure committee members have an opportunity to provide an opinion, possible recommendations or concerns thus facilitating all-around participation.
11.3.9 Encourage robust and productive debate as well as to ensure interactive participation by all Committee members, without inhibiting candid debate and creative tension.
11.3.10 Encourage all Committee members to adhere to professional courtesy and conduct at all times as well as encourage Committee members to also illustrate the necessary respect regarding the importance of professional time.
11.3.11 Ensure the Committee performs the responsibilities and duties as legislatively assigned.
11.3.12 Review draft minutes of Committee meetings before finalisation and distribution to Committee members.
11.3.13 Ensure that the responsibilities of the Committee as well as the Committee members are understood by all Committee members.
11.3.14 Ensure that new Committee members are appropriately made of aware of their responsibilities.
11.3.15 Ensure clarity on the Committee’s authorities and the resources allocated to the Committee.
11.3.16 Be reasonably available to individual Committee members, staff members who are designated as a resource to the Committee and/or external advisors to SAMA for discussion and/or consultations on matters related to the Committee.

11.4 General Roles and Responsibilities of Committee members
11.4.1 Committee members accept their appointment as members and in so doing demonstrate an active interest in the Committee. This entails a willingness to serve (commitment), an ability to serve (time), valuable contribution (knowledge and skill), professional
reputation (ethical and cooperative) and reliability (will assume the necessary responsibilities) as well as leadership and communication skills.

11.4.2 The primary responsibility of each Committee member is to decide independently whether the proposed research protects the interests of participants adequately and keeps to exemplary standards in research activities.

11.4.3 The Committee acknowledges that the success of the Committee depends on the contributions made by each of its members. In general, their responsibilities and duties include:

11.4.3.1 Being well-informed of the responsibility and duty of a Committee member.
11.4.3.2 Attendance of all meetings.
11.4.3.3 Becoming familiar with the history, current remit, and the other members of the Committee.
11.4.3.4 Review of the agenda and accompanying materials prior to attending the meeting, to provide appropriate and constructive input on matters tabled at meetings and seeking clarification of any items that are not clear.
11.4.3.5 Following the agenda and discussion during the meeting.
11.4.3.6 Determining what the exact purpose of the meeting is and deciding in advance how and what to contribute.
11.4.3.7 Keeping replies short and to the point.
11.4.3.8 Participating actively in meetings via comment or constructive criticism or disagreement.
11.4.3.9 Keeping in mind that the Committee as a whole, has authority and not its individual members.
11.4.3.10 Assisting with and sharing the work of the Committee in fulfilling its mandate.
11.4.3.11 Adhere to professional courtesy and conduct at all times as well as illustrate the necessary respect regarding the importance of professional time.
11.4.3.12 Maintain responsibility and accountability for tasks assigned by the Committee.
11.4.3.13 Maintain characteristics of integrity, competence, fairness, and transparency.
11.4.3.14 Abiding to the Officers Bearers code of conduct.
11.4.3.15 Ensure that reviews are done objectively, independently, and impartially as to ensure that the patient’s welfare, rights, and safety is ensured.
11.4.3.16 Ensure that the Standard SAMAREC Review Document is used in all evaluations
11.4.3.17 Ensure that all evaluator input is forwarded to the Committee Co-ordinator at least one working day before the formal meeting
11.4.3.18 New members will be appointed in accordance with the DOH Guidelines and requirements of the Committee and the studies evaluated.

12. RESOURCES AND BUDGET

12.1 The Committee will have access to sufficient resources in order to carry out its duties.
12.2 The Committee is authorised to seek information from any employee of SAMA in order to perform and achieve its objectives as set out in the Committee’s Terms of Reference, provided that the lines of communication, as set out in the SAMA Communications Policy, are adhered to.

12.3 The Committee is allowed to obtain, at SAMA’s expense, outside legal or other professional advice on any matters within its Terms of Reference, provided that:

12.3.1 the HOD: Legal is consulted on all legal matters and supported the Committee’s request for external legal advice;

12.3.2 due regard is observed to overall budget constraints;

12.3.3 the Committee obtains the Board’s prior approval regarding any suggested outside advice is obtained, before such service is procured; and

12.3.4 the procurement of such service is subject to the procurement and other policies of SAMA being followed in this regard.

12.4 The Committee requirement for ad hoc or specialist consultants for specific protocols will be assessed on a case-to-case basis.

12.5 The Committee may request other individuals to assist in the review of complex issues outside the expertise of the members, but such individuals may not vote on matters requiring a decision to be taken; These individuals will also only be approached should they not have a conflict of interest in the study in question and will also be required to sign a confidentiality agreement. These individuals will be approached based on a referral basis.

12.6 The Committee will operate within the limits of its budget, as approved by Board.

12.7 Committee members who are SAMA employees are not remunerated for their services as members; this is to ensure that the risk of conflict of interest is reduced and that members are able to be objective in the functioning of their duties.

12.8 Committee members who are not SAMA employees are remunerated according to SAMA Honorarium Policy and rates.

13. RELATIONSHIP TO NON-AFFILIATED RESEARCHERS AND OTHER STAKEHOLDERS

13.1 The Committee deals with research conducted in the Private Healthcare Sector and is not affiliated with any researchers. Therefore, any researcher within the Private Healthcare Sector may approach the Committee to review their research proposals, approvals for which will be done on a case-by-case basis.

13.2 In the event that specific matters under the authority of the Committee warrant a referral and/or collaboration with other Committees, the Committee is authorised to make such referrals and/or facilitate such collaborations.

13.3 Any communication by the Committee directed at SAMA members and/or other stakeholders will be carried out in terms of the SAMA Communications Policy.

14. REVIEW

14.1. The Committee will review this Term of Reference as required and recommend to the Board such revisions as the Committee may believe to be required by new laws or to be prudent.
15. EVALUATION

15.1 The Committee will conduct a self-assessment or self-evaluation of its effectiveness on an annual basis.

16. TRAINING

16.1 Committee members should receive a complete orientation that allows them to function effectively from appointment.

16.2 Committee members and researchers are expected to familiarise themselves with national and international research ethics guidelines and should have documented proof of such familiarity.

16.3 Opportunities for continuous education and training in research ethics and Good Clinical Practice should be actively pursued by each Committee member and members are expected, at least once during each term of appointment, to produce evidence of recent training.

16.4 Committee members who review clinical trial proposals should have Good Clinical Practice training, evidenced by a certificate issued not more than 2 years previously

16.5 SAMAREC Will supplement the training of any SAMAREC member where necessary eg, relevant conferences

16.6 Online training opportunities

16.7 There are links to FREE online training in research ethics and some also do Responsible Conduct of Research, these links are available in the DOH 2015 Guidelines

Prof J Snyman
SAMAREC Chairperson
14 August 2023

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