

Dr. Jacob Louis Makkink



Dr Jacob Louis Makkink obtained his **MB.Ch.B** from the University of the Orange Free state in 1994, followed by an **M.Pharm.Med** degree (Masters in Clinical Pharmacology) from the University of Pretoria in 2013, which he obtained with distinctions in Pharmacokinetics as well as for his clinical research article entitled; "ACE Inhibitors vs ARBs in Hypertensive patients; a funder's perspective". He also received some training in Advanced Trauma and Life Support (ATLS), Advanced Life Support (ALS), Basic Pharmacology-evaluation; and Health Technology Assessment (HTA).

Dr Jacob Louis Makkink is currently the internal Medical advisor at Polmed, where he is responsible for overseeing all managed care policies implemented by Polmed's managed care organisation. Before joining Polmed, Dr Makkink did clinical work at general practitioner level between 1995 and 1998 in various countries, including South Africa, Canada, England and Australia.

He is a member of the England General Medical Council and also an Executive member of the Medical Advisors Group (MAG) in South Africa since 2003. He was elected Vice Chairman and then Chairman of the Medical Advisors Group in 2004 and 2006 respectively. He also plays other important roles in key health bodies, namely:

- In 2009: Member of the Prescribed minimum benefits review committee of the Council of Medical Schemes.
- In 2011: Member of the Clinical Advisory Board of the Board of Healthcare Funders.

Dr Makkink has an impressive sporting history. He obtained two SA junior tennis titles, competed at the Wimbledon junior tennis championships in 1986, represented the SA universities tennis team for 4 years, and also represented the Orange Free State tennis team for 14 years.