

FIRST DELEGATE ANNOUNCEMENT



SAMA CONFERENCE 2019

Leadership & Quality in Healthcare
Let's close the gap



SOUTHERN SUN ELANGENI
& MAHARANI HOTEL
DURBAN



8 - 10 AUGUST
2019

First Delegate Notification SAMA 2019

March 2019

Dear Colleagues,

The annual conference of the South African Medical Association (SAMA) will be held at the Southern Sun Elangeni & Maharani Hotel in Durban, KwaZulu-Natal from 8 - 10 August 2019. Planning is well underway and we look forward to welcoming you to Durban.

Chairman's Welcome

Dear Colleagues,

On behalf of this year's SAMA Conference Committee, I cordially invite you to join us at the Southern Sun Elangeni & Maharani Hotel, Durban from 8 – 10 August.

The theme of the conference is “Leadership and Quality in Healthcare – Let’s close the Gap” and will include an exciting programme encompassing oral presentations, posters, and workshops led by experts in the field. We are also proud to announce that this year’s programme will include international speakers from the United States who are actively involved in making a difference in healthcare.

This year’s theme resonates well with the future direction of healthcare and speaks to the accreditation of sites by the Office of Health Standards Compliance (OHSC) and various initiatives of the National Health Insurance (NHI). It also resonates with the discussions emanating from the private sector in South Africa.

We encourage our members to participate in this dialogue, either through involvement of the various plenary sessions, or through the parallel abstract sessions. There is also ample opportunity for doctors to improve their knowledge and skills through the wide range of clinical topics being presented by leaders in the field.

The conference will once again feature a parallel research track and we would like to encourage undergraduate and postgraduate students, as well as colleagues involved in research, to submit abstracts on our online portal. This process is efficient and will only take a few minutes.

Durban is the warmest place to be in August and in addition to famous beaches, thrilling water sports, and

year-round sunshine, the city has top-notch nature, adventure and cultural experiences. The venue is also ideally situated next to a popular beach and is a family destination which offers a variety of activities for all ages.

Please diarise 8 -10 August and keep a lookout for our next communication in which we will be announcing the opening of the online registration.

We are very excited about the conference and look forward to welcoming you in August.



Professor Mergan Naidoo
Chairman: Education,
Science and Technology
Committee of SAMA

FORMAT OF THE CONFERENCE

1. **THURSDAY 8 AUGUST** – Full day conference and networking cocktail party
2. **FRIDAY 9 AUGUST** – Full day conference and awards evening
3. **SATURDAY 10 AUGUST** – conference concludes at approximately 13h30

CONFERENCE THEME

**“Leadership and quality in healthcare:
Let’s close the gap”**



DELEGATE REGISTRATION

Delegate Fees

SAMA Member – Full duration R4 200.00 pp (Incl. VAT)

SAMA Member - Daily R2 185.00 pp per day (Incl. VAT)

Non - Member - Full duration R6 325.00 pp (Incl. VAT)

Non - Member – Daily R3 450.00 pp per day (Incl. VAT)

Your registration fee is inclusive of:

- Participation in scientific sessions
- Poster viewing
- Entrance to the trade/exhibition hall
- Programme at a glance
- Teas and coffees
- Conference lunches

SAMA ADMIN SECRETARIAT

Dr Simonia Magardie

(Head of Marketing and Communications)

Email: SimoniaM@Samedical.org

South African Medical Association (SAMA)

Block F

Castle Walk Corporate Park

Nossob Street

Erasmuskloof

Ext3

Pretoria

P O Box 74789

Pretoria

0040

(012) 481 2000 (Tel sb)

(012) 481 2009 (Tel dir)

(012) 481 2100 (Tel FAX)

+27 82 905 8505 (Mobile)

CONFERENCE SECRETARIAT

ICE SOLUTION

Tel: +27 11 911 1921 **Fax:** +27 911 1939

88 1st Street • Parkmore • B123 • Johannesburg •
South Africa

Contact Details

General

Tracey Whittle

+27 82 444 0770 - tracey@icesolution.co.za

Online Delegate Registration

Juaneva du Plessis

+27 81 216 7090 – jduplessis@icesolution.co.za

Programme/Invited speakers/Accommodation/ Abstract Submission

Busi Khuzwayo

+27 79 254 4117 – busi@icesolution.co.za

Trade/Sponsorship & Exhibitions

Colette Diamond

+27 83 788 0010 – diamond@icesolution.co.za

CONFERENCE VENUE

The conference will take place in the Conference Centre at the Southern Sun Elangeni & Maharani Hotel, conveniently located on Durban's picturesque Golden Mile.

The conference venues at the Southern Sun Elangeni & Maharani Hotel offer delegates the opportunity to enjoy the seaside views together with state of the art convention spaces. Direct flights to Durban are also available from Johannesburg and Cape Town.

Contact:

Heather Adams

Southern Sun Elangeni & Maharani

Tel: 031 362 1301

63 Snell Parade, Durban, 4001

ABSTRACT SUBMISSION

All medical students, medical practitioners, and members of SAMA are invited to submit abstracts of their scientific research to be considered for a poster/oral presentation at the 2019 SAMA conference. Papers for this conference are now requested.

Papers can be submitted online at: <https://www.eiseverywhere.com/eSites/404394/Register-Login>

The closing date for submissions is 14 June 2019.

RULES OF THIS ABSTRACT

Abstracts are required for Oral Papers & Posters.

Abstracts should be arranged as follows:

- Purpose of study
- Description of methods
- Summary of results
- Conclusion

Abstracts received after this date will not be considered. Abstracts using 250 words only should be submitted in line with the themes and sub-themes identified and should be structured as follows:

1. Background: indicate the purpose and objective of the research, the hypothesis that was tested or a description of the problem being analyzed or evaluated.
2. Methods: describe the study period/setting/location, study design, study population, data collection and methods of analysis used.
3. Results: present as clearly and as much in detail as possible the findings/outcome of the study, Please summarize any specific results.
4. Conclusions: explain the significance of your findings/ outcomes of the study for prevention, treatment, care and/or support, and future implications of the results

PLEASE NOTE

- Please avoid referring to authors' names, institutions or cities in the abstract as these abstracts are judged in a "blind" method.
- Abstracts must be typed in the space provided on the website and must be limited to 250 words.
- Do not reduce the type size to less than 12 cpi.
- All abstracts must be submitted in English.

- Please underline the presenting author.
- Abstracts will be reviewed as received. Typing or other errors made by the authors will not be corrected.
- No illustrations may be included in the abstract.
- Abbreviations should be used only in common terms. For uncommon terms, the abbreviation should be given in brackets after the first full use of the word.
- Presenters will be notified of acceptance/rejection of the abstract via email by 25 June 2019.

IMPORTANT NOTE

Presenters of papers must be registered for the conference. Failure to do so will result in their paper being removed from the programme.

PLEASE NOTE

Papers not accepted for oral presentation may be submitted as a poster.

PRIZES

The best poster and the best oral presentation will be awarded a prize each.

NB: FAX TRANSMISSIONS AND POSTAL SUBMISSIONS ARE NOT ACCEPTABLE

SOCIAL PROGRAMME

OPENING COCKTAILS @ R200.00 pp (incl. VAT)

Thursday, 08 August 2019 – 18H00

GALA DINNER @ R300.00 pp (incl. VAT)

Friday, 09 August 2019 – 19H00

ACCOMMODATION OPTIONS

SOUTHERN SUN ELANGENI & MAHARANI HOTEL



Online booking/s: [click here](#)

Contact person: Sinethemba Nzimande

Tel: 031 492 4001

Email: sinethemba.nzimande@tsogosun.com
(please quote ref 1352621)

Website: <https://www.tsogosun.com/southern-sun-elangeni-maharani>

Rates: Single R1,625.00 / R2,020.00 sharing per night

Includes: Breakfast and VAT

Excludes: tourism levy & parking

Release dates: tourism levy & parking Release dates: apply from May with final release date being 05 July 2019

Policies: Full prepayment required at time of making reservation and reservations cancelled within 29 days prior arrival a 100% full cancellation fee will apply

GARDEN COURT MARINE PARADE



Online booking/s: [click here](#)

Contact person: Sinethemba Nzimande

Tel: 031 492 4001

Email: sinethemba.nzimande@tsogosun.com
(please quote ref 1352621)

Website: <https://www.tsogosun.com/garden-court-marine-parade>

Rates: Single R1,400.00/ R1,695.00 sharing per night

Includes: Breakfast and VAT

Excludes: tourism levy & parking

Release dates: apply from May with final release date being 05 July 2019

Policies: Full prepayment required at time of making reservation and reservations cancelled within 29 days prior arrival a 100% full cancellation fee will apply

SOUTHERN SUN SUNCOAST HOTEL



Online booking/s: [click here](#)

Contact person: Sinethemba Nzimande

Tel: 031 492 4001

Email: sinethemba.nzimande@tsogosun.com
(please quote ref 1352621)

Website: <https://www.tsogosun.com/sunsquare-suncoast>

Rates: Single R1,500.00 / R1,895.00 sharing per night 1King/ Queen for couple sharing

Includes: Breakfast and VAT

Excludes: tourism levy & parking

Release dates: apply from May with final release date being 05 July 2019

Policies: Full prepayment required at time of making reservation and reservations cancelled within 29 days prior arrival a 100% full cancellation fee will apply

TRANSPORT

UBER operates in Durban

Airlines

Safair <https://www.safair.co.za>

Kulula <http://www.kulula.com/>

Mango <https://www.flymango.com/>

SAA <https://www.flysaa.com/>

British Airways <http://www.britishairways.com/>

CAR HIRE COMPANIES

TEMPEST- www.tempestcarhire.co.za

AVIS - www.avis.co.za

BUDGET - www.budget.co.za

PRE AND POST TOURS - AFRICAN EAGLE TOURS

Please quote booking code: ICEAESAMA

Keenan Mally

daytours@aectp.co.za

Tel: 021 4644 266

Cell: 078 3988 040

www.africaneagle.com

Half day tours

- Durban city tour
- Valley of a 1000 hills
- Durban "wildlife" tour
- Ushaka Marine World
- Indian heritage tour
- KwaMashu township tour
- Tala safari

Full day tours

- Inland safari
- Durban/Ushaka tour
- Shakaland Zulu experience
- Giants castle san rock art
- St Lucia wetlands
- Midlands Meander
- Hluhluwe Game Reserve
- Sani pass/Lesotho
- Anglo-Zulu battlefields

Overland tours

- Hluhluwe/St Lucia
- Drakensberg mountains
- Zululand culture/wildlife
- Anglo-Boer war battlefields

LEISURE ACTIVITIES/THINGS TO DO IN THE AREA

Durban Stadium - Walk on the Sky at Moses Mabhida Stadium



Built for the 2010 FIFA World Cup, the enormous stadium has many adrenaline-inducing activities on offer. The Sky Car, a single cabin that runs up steel tracks on the northern arch of the stadium and is designed to roll down the arch under its own gravity (in case of load shedding), has a 106m vantage point. Tickets cost R60 per adult and R30 for kids under the age of 12. Then there's a Big Sky Walk along the arch of the stadium (don't look down!) or a beach glide on a Segway for those seeking a more serene adventure. The Beach Glide costs R250 for 45 minutes.

**44 Isaiah Ntshangase Road, Durban. Call: 031 582 8222.
Open Monday to Sunday, from 09:00 – 17:00.**

Botanical Gardens



The Durban Botanical Gardens boasts the rarest cycad collection in the world. Cycads, have been around before the dinosaurs and have survived three mass extinction events although they are in danger of extinction today. Wood's Cycad is reputed to be the world's rarest plant. You can find it growing peacefully near the old reservoir. The orchid collection and palm grove are also worth visiting. Entrance to the gardens is free. Attend one of the concerts at the lake which take place throughout the year. Read up on the concert schedule and buy tickets.

**9A John Zikhali Road, Berea, Durban.
Open Monday to Sunday from 07:30 – 17:45 in Summer, and
from 07:30 – 17:30 in Winter**



Conquer the waves at Wave Park Gateway



The Wave Park at Gateway flaunts some great waves. Tear things up on the Flow rider or for something a little tamer have a go on the Supertube rides (perfect for keeping the kids busy in the school holidays). The Flow rider is R140 an hour. The supertube costs R150 for the whole day.

Galaxy Gateway Theatre of Shopping, Palm Boulevard, Durban. Call: 031 584 9400.

Open Monday to Sunday, from 08:30 – 17:00.

Eat curry



Also known at Sunrise Chip 'N Ranch, Johnny's Rotis is an institution. You haven't been to Durban if you haven't eaten the triple cheese and chip roti with mutton gravy after a night of jolling hard. They're open 24/7.

89 Sparks Road, Durban. Call: 031 209 2020.

Open 24 hours.

House of Curries



Famous for their tender lamb curry, mini-bunny chows and spicy bean curry, House of Curries is an old favourite on Florida Road. Relaxed Durban vaab for days. You can choose a main course for under R100.

275 Florida Road, Morningside, Durban. Call: 031 303 6076.

Open Monday to Sunday, from 09:00 – 22:30.

Spice Emporium



A trip to Durban wouldn't be complete without trying out the hot dishes that form part of the city's famed reputation! One of the most unconventional treats you must taste is a spicy pineapple from the Spice Emporium. Besides the mix of sweet and hot, you'll also find a huge stock of spices at the emporium.

31 Monty Naicker Road, Durban. Call: 031 332 5888

Open Monday to Saturday from 08:00 – 17:00, and Sunday from 09:30 – 15:30.





Umhlanga Pier – the Most Beautiful Pier in the World



CNN has crowned Umhlanga Pier the most beautiful pier in the world. The whale-bone skeleton structure is striking and the favourite of sunset Instagrammers. The pier also performs an important function as an extension of an underground culvert that helps disperse excess storm water into the sea.

McCausland Crescent, Umhlanga. Call: 083 587 7573

KZN SA Gallery



This modern, airy building is an inviting space. Along with upcoming and experimental artists the gallery has an extensive collection of well-known South African artists such as Penny Siopis and Isaac Sithole. Enjoy a cold drink and cheese cake in the gallery café which spills out into the garden. Entrance is free.

166 Bulwer Road. Call: 031 277 1705.

Open Tuesday to Saturday from 09:00 – 17:00, and Sunday from 10:00 – 15:00.

Moses Mabhida Stadium – Big Rush Big Swing



The Big Rush Big Swing has been officially named the world's tallest swing by the Guinness Book of Records since 14 May 2011. Not your average swing, the aptly named Big Swing allows you to take the thrilling leap swinging out into a massive 220m arc where you soar into the centre of the stadium.

Go on, take the leap.



The South African Medical Association (SAMA) looks forward to hosting you as one of its delegates at this years' SAMA CONFERENCE.

SAMA – Uniting doctors for the health of the nation.

