

# **PALLIATIVE MEDICINE**

# HISTORY

# HISTORY OF PALLIATIVE MEDICINE

- Doctors role and expertise 60 years ago
- Explosion of science and technology of medicine – ability to cure and artificially prolong life - leading to
- Prolonging suffering and causing suffering.
- Founding of Hospice Movement
- Palliative Medicine developed from this therefore associated with incurable disease
- Suffering exists in all medical and surgical conditions, all doctors and nurses need the ethos and skills of palliative care
- Expand the definition of Palliative Medicine
- Integration of Palliative Medicine into the Mainstream

# CURRENT DEFINITION

*Active comprehensive management  
for:*

- The Physical, Emotional, Psychosocial  
and Spiritual needs of the patient  
and the family  
with the aim of relieving suffering

**FOR WHOM CURE IS NO LONGER POSSIBLE  
FOR THOSE WITH LIFE-THREATENING ILLNESS**

# AWARENESS IS GROWING

- SUFFERING EXISTS IN ALL MEDICAL AND SURGICAL CONDITIONS
- NEEDS TO BE ADDRESSED FOR BOTH SCIENTIFIC AND COMPASSIONATE REASONS.
- THE OUTCOME OF ANY ILLNESS OR SURGICAL PROCEDURE HAS BEEN REPORTED TO BE IMPROVED BY COMPREHENSIVE MANAGEMENT
- IT OFTEN SHORTENS HOSPITAL STAY.

# EXPANDED APPROACH

- Active comprehensive care for the physical, emotional and psychosocial needs of the patient and the family with the aim of relieving distress.
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It starts at the moment of first contact with any patient with any illness at any stage and continues for the duration of the illness.

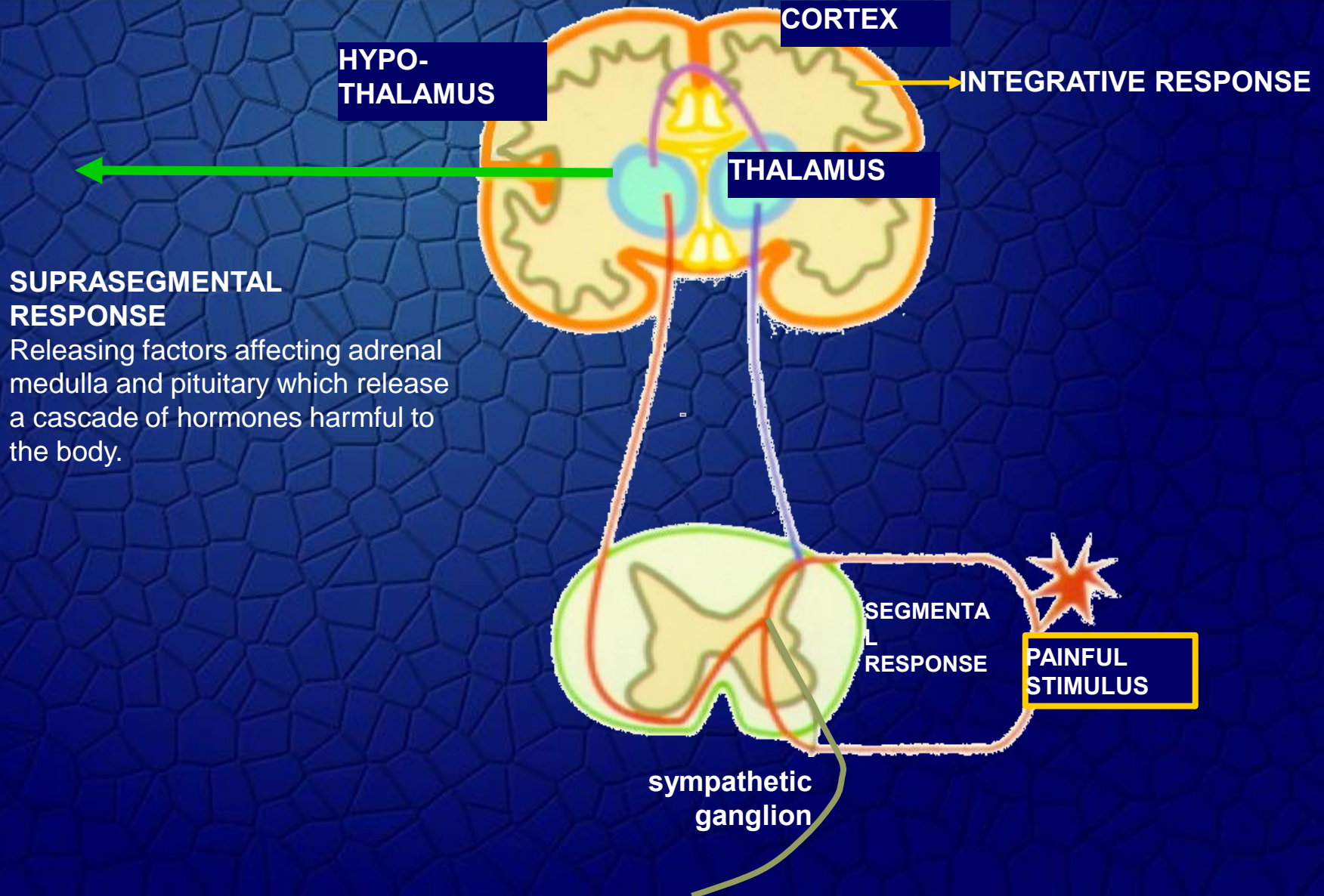
If and when cure is no longer possible, palliative care plays the major or the total role.

# THE HOSPITAL PALLIATIVE CARE TEAM

- Established by request in 2001 in the Johannesburg Academic Hospital.
- The objective of the team is to ensure that the skills and ethos of Palliative Care are integrated into the management of all patients to obtain the relief of all types of suffering
- Therefore the team follows an expanded approach

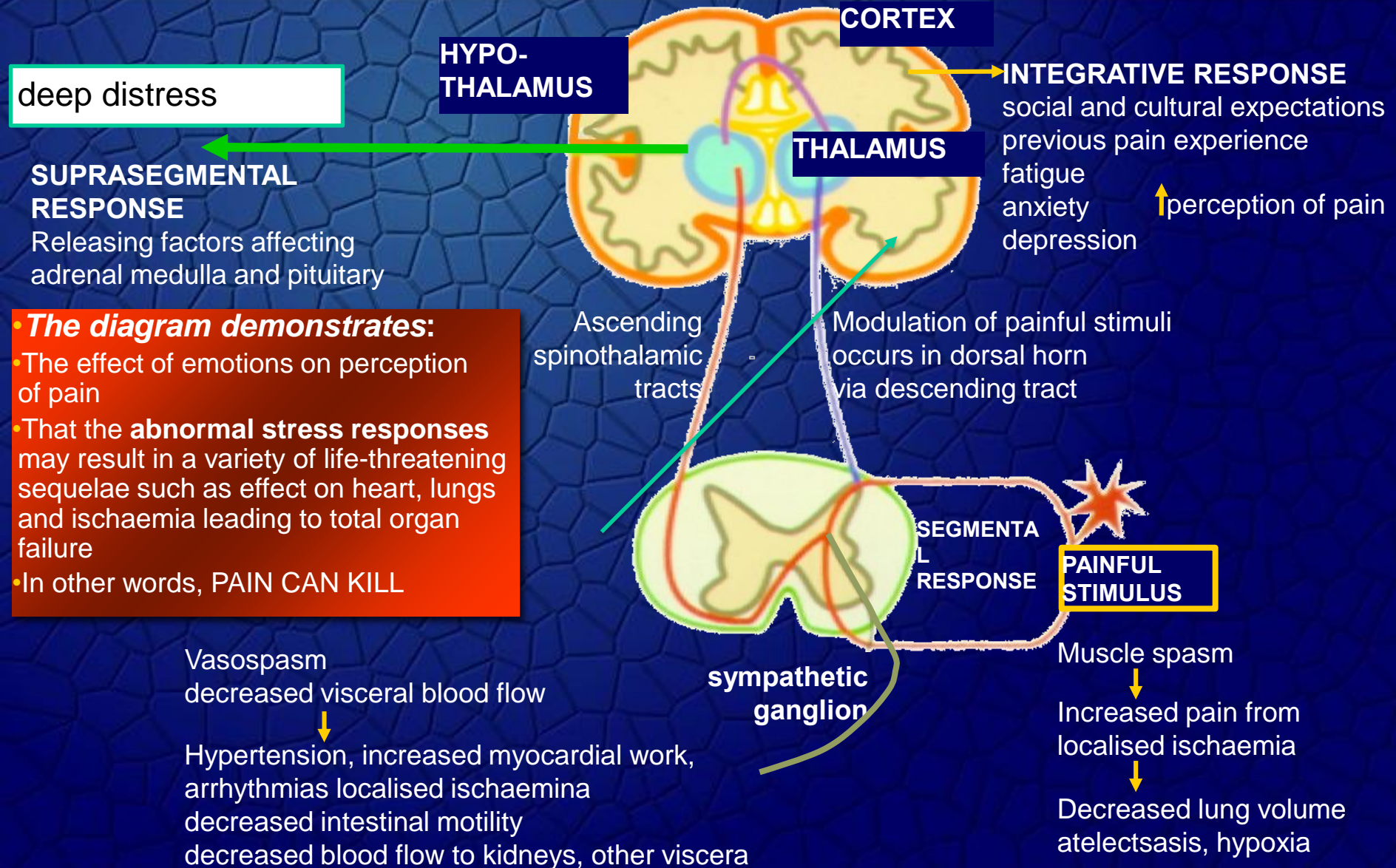


# PATHOPHYSIOLOGY

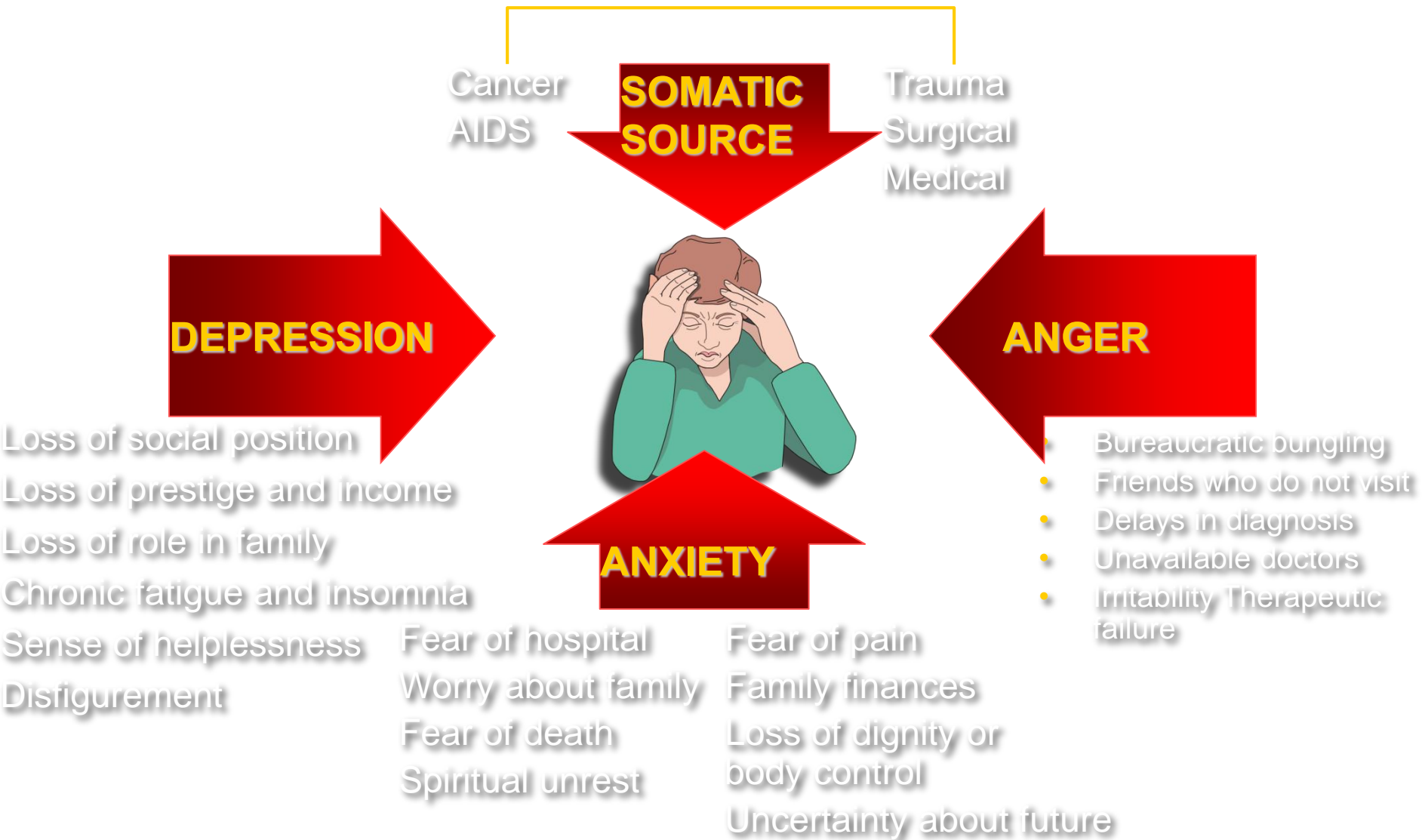




# PATHOPHYSIOLOGY



# CONCEPT OF TOTAL PAIN

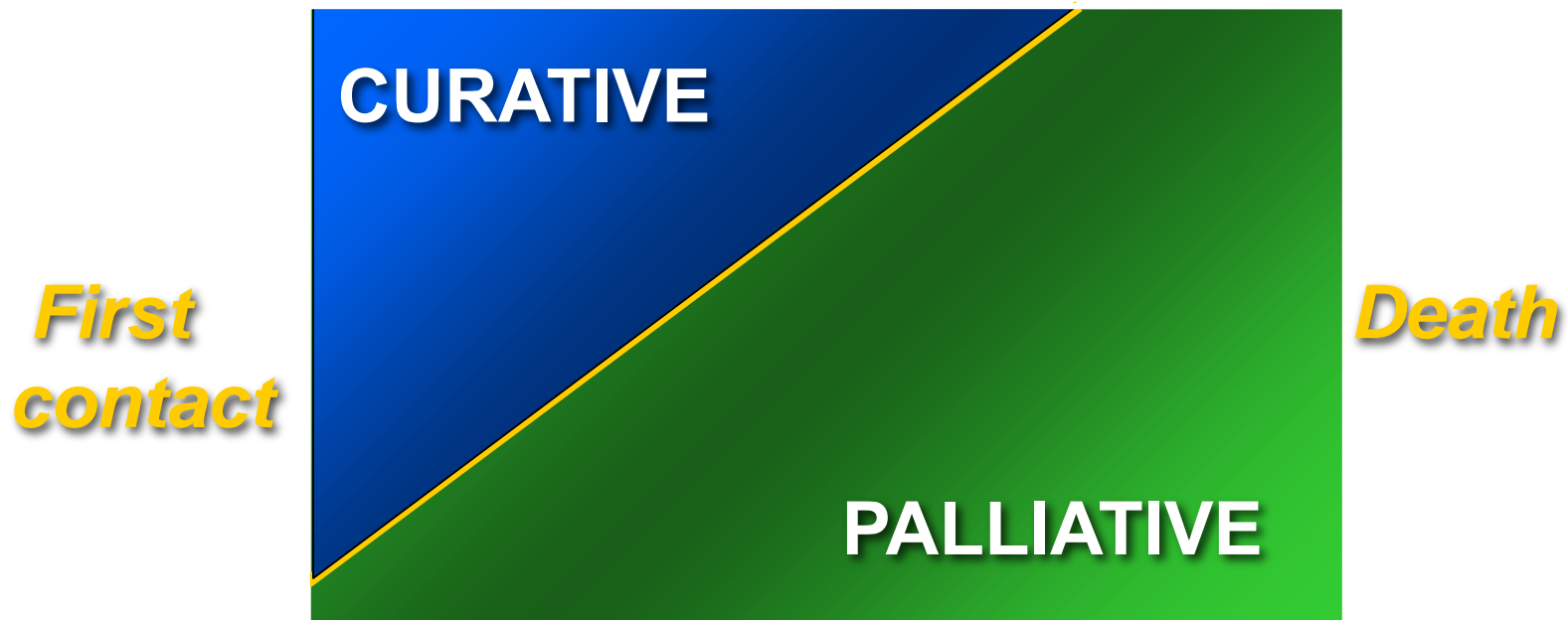


# TRAJECTORY OF CARE

Acute

continung suffering

Incurable  
Terminal



*Integration of curative and palliative medicine*